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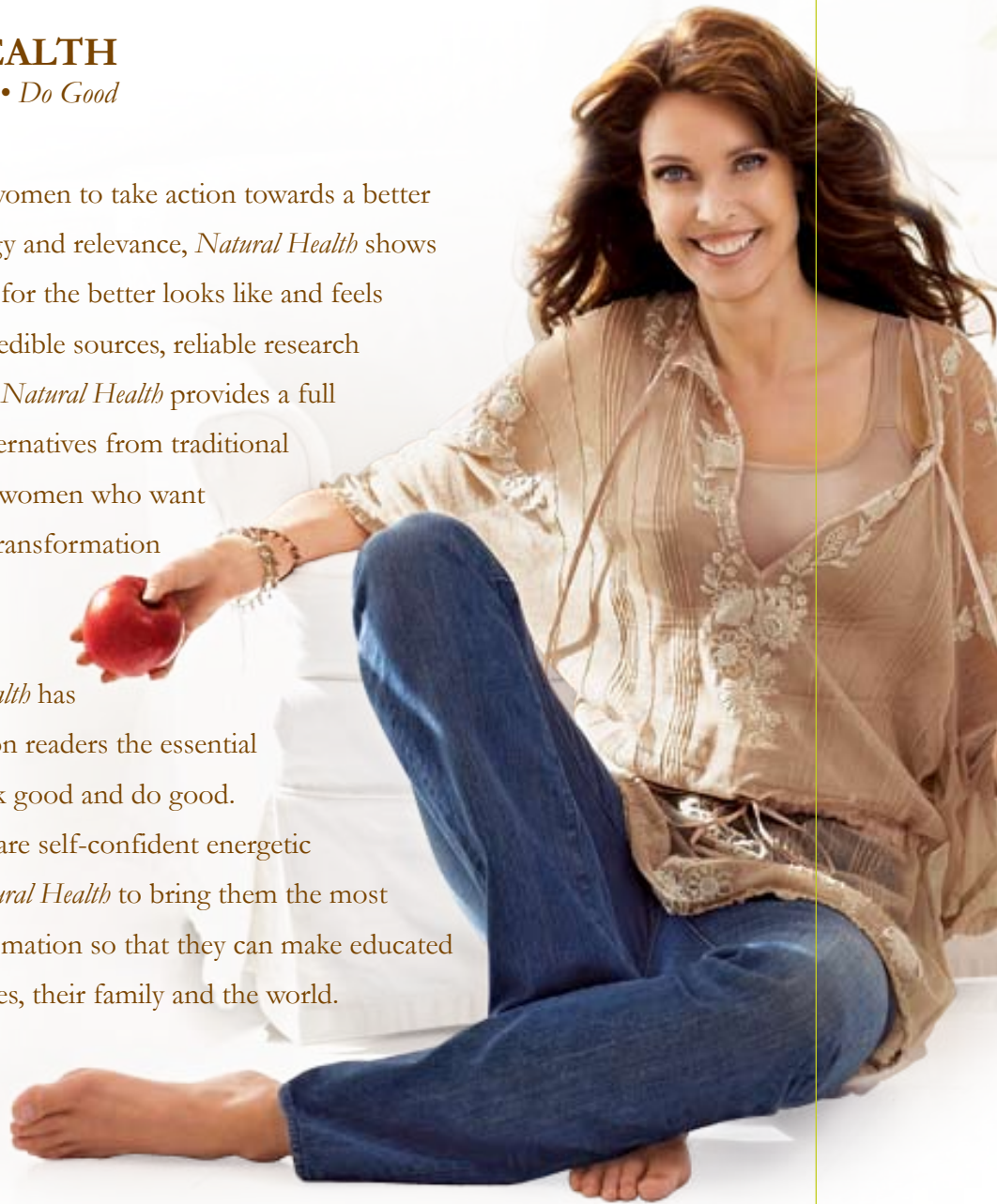
editorial

NATURAL HEALTH

Look Good • Feel Good • Do Good

Natural Health guides women to take action towards a better life. With vitality, energy and relevance, *Natural Health* shows women what a change for the better looks like and feels like. Using the most credible sources, reliable research and indisputable facts, *Natural Health* provides a full spectrum of health alternatives from traditional to complementary for women who want to take charge of the transformation of their lives.

Since 1971 *Natural Health* has provided our 1.5 million readers the essential tools to feel good, look good and do good. *Natural Health* readers are self-confident energetic women who trust *Natural Health* to bring them the most up-to-date health information so that they can make educated decisions for themselves, their family and the world.



NATURAL
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HEALTH